

**APPENDIX P  
HAWAII'S EARLY AND PERIODIC SCREENING, DIAGNOSIS AND TREATMENT (EPSDT)  
PERIODIC SCREENING GUIDELINES**

Patient Name:	INFANCY										EARLY CHILDHOOD					LATE CHILDHOOD				ADOLESCENCE		
	1-30 DAYS	2 MOS	4 MOS	6 MOS	9 MOS	12 MOS	15 MOS	18 MOS	2 YRS	3 YRS	4 YRS	5 YRS	6 YRS	8 YRS	10 YRS	12 YRS	14 YRS	16 YRS	18 YRS	20 YRS		
Date of Birth:																						
Elements for Health Screening																						
Date of Assessment:																						
1. Initial/Interval Health History																						
2. Height																						
3. Weight																						
4. Head Circumference																						
5. Blood Pressure																						
6. Developmental/Behavioral Assessment																						
7. Vision Testing																						
8. Hearing/Language Testing																						
9. Audiogram																						
10. Physical Examination																						
11. Immunizations																						
12. Tuberculin Skin Testing																						
13. Lead Risk Assessment																						
14. Lead Level																						
15. Hemoglobin/Hematocrit																						
16. Other Lab Screens																						
17. Dental Screen/Referral																						
18. Fluoride																						
19. Health Education & Counseling																						
20. Completed By:																						

These are minimum guidelines. Providers should perform all non-shaded elements of the health screen for the appropriate age. If at any time other procedures, tests, etc., are medically indicated, the physician should perform them. If a child comes under care for the first time at any point on the schedule, or if any items are not accomplished at the suggested age, the schedule should be updated at the earliest possible times.

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- 1 Record in chart
- 2,3,4 Plot on NCHS grid
- 5 Blood Pressure Guidelines
- | <u>AGE</u> | <u>SYSTOLIC</u> |            | <u>DIASTOLIC mmHg</u> |            |
|------------|-----------------|------------|-----------------------|------------|
|            | <u>50%</u>      | <u>90%</u> | <u>50%</u>            | <u>90%</u> |
| 3yo        | 95              | 112        | 64                    | 80         |
| 5yo        | 97              | 115        | 65                    | 84         |
| 10yo       | 110             | 130        | 70                    | 92         |
| 15yo       | 116             | 130        | 70                    | 95         |
- 6 Obtain relevant developmental/behavioral/school history; utilize age appropriate developmental screen (e.g., R-PDQ, ICMQ, CDI, DENVER II, ELM, HearKit, appraisal of young child--gross motor, fine motor, communication, self-help/self-care, socio-emotional, cognitive skill development; evaluation of school age child--attention skills, learning disability, peer relationships, psychological/psychiatric problems) and behavioral questionnaire/survey (e.g., Eyberg)
- 7 Vision Guidelines
- | <u>AGE</u>                 | <u>EXAM</u>  |
|----------------------------|--|
| 2 weeks                    | appearance of eyes; red reflex   |
| 2 months                   | appearance of eyes; red reflex<br>corneal light reflex; alignment; follow object |
| 4 months                   | corneal light reflex; alignment; follow object                                   |
| 6 months                   | corneal light reflex; alignment; follow object<br>EOM: cover test                |
| 9 months                   | EOM; cover test  |
| 18 months                  | EOM; cover test  |
| 4,6,8,10,12,14,16,18 years | visual acuity  |
- 8 Hearing/Language Guidelines
- | <u>AGE</u> | <u>HEARING MILESTONES</u>                               |
|------------|---|
| Birth      | responds to loud noises                                 |
| 4-5 months | turns to sound source                                   |
| 8 months   | imitates parent's sounds                                |
| 12 months  | understands simple phrases                              |
|            | <u>SPEECH MILESTONES</u>                                |
| 2 years    | spontaneous speech using 2-3 word phrases               |
| 3 years    | consistently uses beginning consonants<br>m,n,h,p,g,f,w |
| 4 years    | readily understands with good grammar                   |
- 9 Perform audiogram testing or obtain results from alternate source, e.g. school. ENT 1,000; 2,000; 4,000 Hz at 20 DB both ears/25 DB to compensate for extraneous noise
- 10 Record in chart
- 11 Use most currently available recommendations of the Department of Health/Immunizations Practice Advisory Committee/Center for Disease Control/American Academy of Pediatrics
- 12 Test with Mantoux (PPD) preferred; but, Tine may be used up to 5 years. Any positive Tine must be followed up by the PPD. High risk (annual test): child born outside of US in developing country; child with medical condition which would increase TB risk (e.g., HIV, chemotherapy, diabetes, renal disease)
- 13 Perform verbal risk assessment
- 14 Blood Lead Level Guidelines
- |            |   |
|------------|---|
| Low risk:  | 12 months, 24 months  |
| High risk: | 6 months, then every 6 months until 2 consecutive levels are <10, then every year until 72 months |
- 15 Hemoglobin or Hematocrit for anemia screening
- 16 Other optional lab screen include: urinalysis/urine bacteria screen, sickle cell screen; G6PD screen
- 17 Perform oral exam: refer to dentist at 12 months and every 6 months thereafter
- 18 Prescribe supplemental fluoride therapy with or without multivitamins per recommendations American Academy of Pediatric Dentistry and the American Academy of Pediatrics; revised dosage schedule is pending
- 19 Provide age appropriate anticipatory guidance for general health, nutrition, development, safety, sexuality, parenting; may use American Academy of Pediatrics Guidelines for Health Supervision II (pending revision)